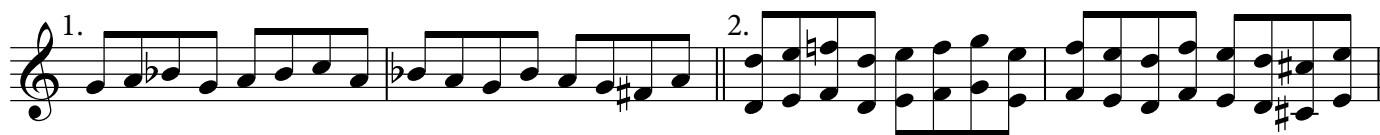


Glen's Finger Warm-Ups: C instruments

Round the fork



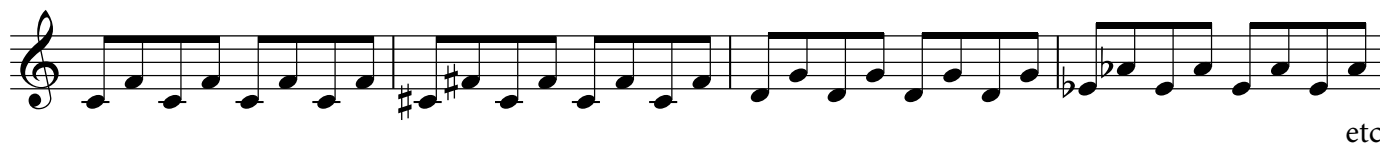
Round the more involved fork



Chromatic ups and downs



Fourths - slow



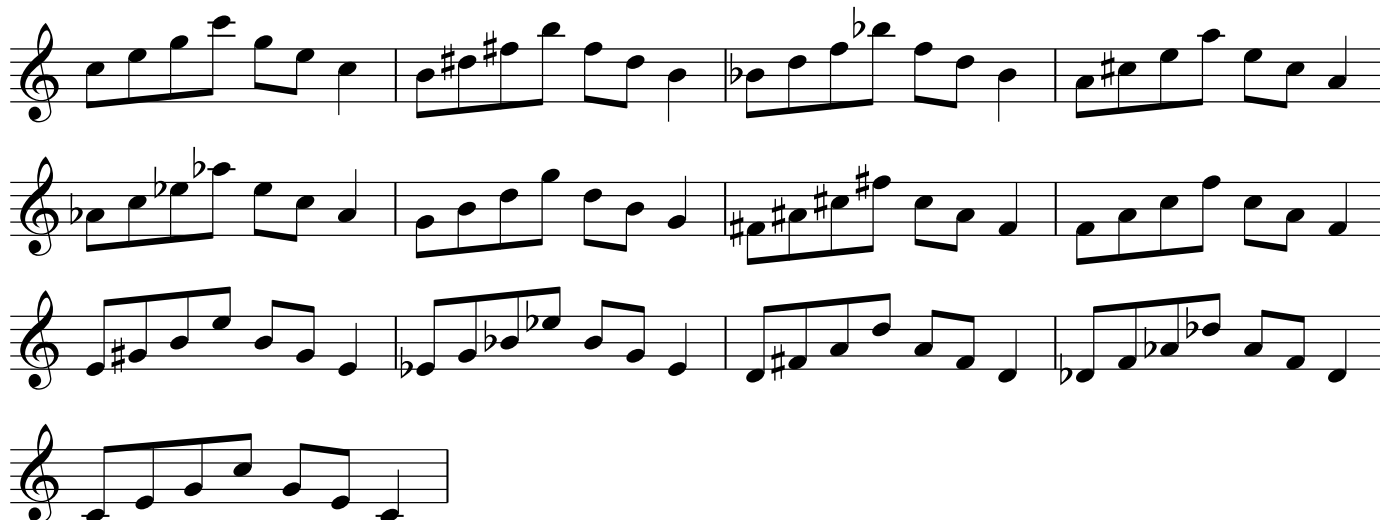
etc.

Fourths - fast



etc.

Arpeggios



Glen's Finger Warm-Ups: F instruments

Round the fork



Round the more involved fork



Chromatic ups and downs



Fourths - slow



etc.

Fourths - fast



etc.

Arpeggios

